

# 1 - 7 marts 2026

| Tid   | Søn 1 | Man 2 | Tir 3 | Ons 4 | Tor 5 | Fre 6 | Lør 7 |
|-------|-------|-------|-------|-------|-------|-------|-------|
| 06:00 |       |       |       |       |       |       |       |
| 07:00 |       |       |       |       |       |       |       |
| 08:00 |       |       |       |       |       |       |       |
| 09:00 |       |       |       |       |       |       |       |
| 10:00 |       |       |       |       |       |       |       |
| 11:00 |       |       |       |       |       |       |       |
| 12:00 |       |       |       |       |       |       |       |
| 13:00 |       |       |       |       |       |       |       |
| 14:00 |       |       |       |       |       |       |       |
| 15:00 |       |       |       |       |       |       |       |
| 16:00 |       |       |       |       |       |       |       |
| 17:00 |       |       |       |       |       |       |       |
| 18:00 |       |       |       |       |       |       |       |
| 19:00 |       |       |       |       |       |       |       |
| 20:00 |       |       |       |       |       |       |       |
| 21:00 |       |       |       |       |       |       |       |

# 8 - 14 marts 2026

| Tid   | Søn 8 | Man 9 | Tir 10 | Ons 11 | Tor 12 | Fre 13 | Lør 14 |
|-------|-------|-------|--------|--------|--------|--------|--------|
| 06:00 |       |       |        |        |        |        |        |
| 07:00 |       |       |        |        |        |        |        |
| 08:00 |       |       |        |        |        |        |        |
| 09:00 |       |       |        |        |        |        |        |
| 10:00 |       |       |        |        |        |        |        |
| 11:00 |       |       |        |        |        |        |        |
| 12:00 |       |       |        |        |        |        |        |
| 13:00 |       |       |        |        |        |        |        |
| 14:00 |       |       |        |        |        |        |        |
| 15:00 |       |       |        |        |        |        |        |
| 16:00 |       |       |        |        |        |        |        |
| 17:00 |       |       |        |        |        |        |        |
| 18:00 |       |       |        |        |        |        |        |
| 19:00 |       |       |        |        |        |        |        |
| 20:00 |       |       |        |        |        |        |        |
| 21:00 |       |       |        |        |        |        |        |

# 15 - 21 marts 2026

| Tid   | Søn 15 | Man 16 | Tir 17 | Ons 18 | Tor 19 | Fre 20 | Lør 21 |
|-------|--------|--------|--------|--------|--------|--------|--------|
| 06:00 |        |        |        |        |        |        |        |
| 07:00 |        |        |        |        |        |        |        |
| 08:00 |        |        |        |        |        |        |        |
| 09:00 |        |        |        |        |        |        |        |
| 10:00 |        |        |        |        |        |        |        |
| 11:00 |        |        |        |        |        |        |        |
| 12:00 |        |        |        |        |        |        |        |
| 13:00 |        |        |        |        |        |        |        |
| 14:00 |        |        |        |        |        |        |        |
| 15:00 |        |        |        |        |        |        |        |
| 16:00 |        |        |        |        |        |        |        |
| 17:00 |        |        |        |        |        |        |        |
| 18:00 |        |        |        |        |        |        |        |
| 19:00 |        |        |        |        |        |        |        |
| 20:00 |        |        |        |        |        |        |        |
| 21:00 |        |        |        |        |        |        |        |

# 22 - 28 marts 2026

| Tid   | Søn 22 | Man 23 | Tir 24 | Ons 25 | Tor 26 | Fre 27 | Lør 28 |
|-------|--------|--------|--------|--------|--------|--------|--------|
| 06:00 |        |        |        |        |        |        |        |
| 07:00 |        |        |        |        |        |        |        |
| 08:00 |        |        |        |        |        |        |        |
| 09:00 |        |        |        |        |        |        |        |
| 10:00 |        |        |        |        |        |        |        |
| 11:00 |        |        |        |        |        |        |        |
| 12:00 |        |        |        |        |        |        |        |
| 13:00 |        |        |        |        |        |        |        |
| 14:00 |        |        |        |        |        |        |        |
| 15:00 |        |        |        |        |        |        |        |
| 16:00 |        |        |        |        |        |        |        |
| 17:00 |        |        |        |        |        |        |        |
| 18:00 |        |        |        |        |        |        |        |
| 19:00 |        |        |        |        |        |        |        |
| 20:00 |        |        |        |        |        |        |        |
| 21:00 |        |        |        |        |        |        |        |

29 mar - 4 apr 2026

| Tid   | Søn 29 | Man 30 | Tir 31 | Ons 1 | Tor 2 | Fre 3 | Lør 4 |
|-------|--------|--------|--------|-------|-------|-------|-------|
| 06:00 |        |        |        |       |       |       |       |
| 07:00 |        |        |        |       |       |       |       |
| 08:00 |        |        |        |       |       |       |       |
| 09:00 |        |        |        |       |       |       |       |
| 10:00 |        |        |        |       |       |       |       |
| 11:00 |        |        |        |       |       |       |       |
| 12:00 |        |        |        |       |       |       |       |
| 13:00 |        |        |        |       |       |       |       |
| 14:00 |        |        |        |       |       |       |       |
| 15:00 |        |        |        |       |       |       |       |
| 16:00 |        |        |        |       |       |       |       |
| 17:00 |        |        |        |       |       |       |       |
| 18:00 |        |        |        |       |       |       |       |
| 19:00 |        |        |        |       |       |       |       |
| 20:00 |        |        |        |       |       |       |       |
| 21:00 |        |        |        |       |       |       |       |