

# 39 هفته 1 شهریور 1402

| زمان  | 25 | 26 س | 27 چ | 28 پ | 29 چ | 30 ش | 1 ی |
|-------|----|------|------|------|------|------|-----|
| 06:00 |    |      |      |      |      |      |     |
| 07:00 |    |      |      |      |      |      |     |
| 08:00 |    |      |      |      |      |      |     |
| 09:00 |    |      |      |      |      |      |     |
| 10:00 |    |      |      |      |      |      |     |
| 11:00 |    |      |      |      |      |      |     |
| 12:00 |    |      |      |      |      |      |     |
| 13:00 |    |      |      |      |      |      |     |
| 14:00 |    |      |      |      |      |      |     |
| 15:00 |    |      |      |      |      |      |     |
| 16:00 |    |      |      |      |      |      |     |
| 17:00 |    |      |      |      |      |      |     |
| 18:00 |    |      |      |      |      |      |     |
| 19:00 |    |      |      |      |      |      |     |
| 20:00 |    |      |      |      |      |      |     |
| 21:00 |    |      |      |      |      |      |     |

# 40 هفته 2028 8 - 2

| زمان  | 2د | 3س | 4چ | 5پ | 6ج | 7ش | 8ی |
|-------|----|----|----|----|----|----|----|
| 06:00 |    |    |    |    |    |    |    |
| 07:00 |    |    |    |    |    |    |    |
| 08:00 |    |    |    |    |    |    |    |
| 09:00 |    |    |    |    |    |    |    |
| 10:00 |    |    |    |    |    |    |    |
| 11:00 |    |    |    |    |    |    |    |
| 12:00 |    |    |    |    |    |    |    |
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| 14:00 |    |    |    |    |    |    |    |
| 15:00 |    |    |    |    |    |    |    |
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| 17:00 |    |    |    |    |    |    |    |
| 18:00 |    |    |    |    |    |    |    |
| 19:00 |    |    |    |    |    |    |    |
| 20:00 |    |    |    |    |    |    |    |
| 21:00 |    |    |    |    |    |    |    |

# 41 هفته ۲۰۲۸ خرداد 9 - 15

| زمان  | 9د | 10س | 11چ | 12پ | 13ج | 14ش | 15ی |
|-------|----|-----|-----|-----|-----|-----|-----|
| 06:00 |    |     |     |     |     |     |     |
| 07:00 |    |     |     |     |     |     |     |
| 08:00 |    |     |     |     |     |     |     |
| 09:00 |    |     |     |     |     |     |     |
| 10:00 |    |     |     |     |     |     |     |
| 11:00 |    |     |     |     |     |     |     |
| 12:00 |    |     |     |     |     |     |     |
| 13:00 |    |     |     |     |     |     |     |
| 14:00 |    |     |     |     |     |     |     |
| 15:00 |    |     |     |     |     |     |     |
| 16:00 |    |     |     |     |     |     |     |
| 17:00 |    |     |     |     |     |     |     |
| 18:00 |    |     |     |     |     |     |     |
| 19:00 |    |     |     |     |     |     |     |
| 20:00 |    |     |     |     |     |     |     |
| 21:00 |    |     |     |     |     |     |     |

# 42 هفته 2028 16 - 22

| زمان  | 16د | 17س | 18چ | 19پ | 20چ | 21ش | 22ع |
|-------|-----|-----|-----|-----|-----|-----|-----|
| 06:00 |     |     |     |     |     |     |     |
| 07:00 |     |     |     |     |     |     |     |
| 08:00 |     |     |     |     |     |     |     |
| 09:00 |     |     |     |     |     |     |     |
| 10:00 |     |     |     |     |     |     |     |
| 11:00 |     |     |     |     |     |     |     |
| 12:00 |     |     |     |     |     |     |     |
| 13:00 |     |     |     |     |     |     |     |
| 14:00 |     |     |     |     |     |     |     |
| 15:00 |     |     |     |     |     |     |     |
| 16:00 |     |     |     |     |     |     |     |
| 17:00 |     |     |     |     |     |     |     |
| 18:00 |     |     |     |     |     |     |     |
| 19:00 |     |     |     |     |     |     |     |
| 20:00 |     |     |     |     |     |     |     |
| 21:00 |     |     |     |     |     |     |     |

# 43 هفته 2028 خرداد 23 - 29

| زمان  | 23 | 24س | 25چ | 26پ | 27چ | 28ش | 29 |
|-------|----|-----|-----|-----|-----|-----|----|
| 06:00 |    |     |     |     |     |     |    |
| 07:00 |    |     |     |     |     |     |    |
| 08:00 |    |     |     |     |     |     |    |
| 09:00 |    |     |     |     |     |     |    |
| 10:00 |    |     |     |     |     |     |    |
| 11:00 |    |     |     |     |     |     |    |
| 12:00 |    |     |     |     |     |     |    |
| 13:00 |    |     |     |     |     |     |    |
| 14:00 |    |     |     |     |     |     |    |
| 15:00 |    |     |     |     |     |     |    |
| 16:00 |    |     |     |     |     |     |    |
| 17:00 |    |     |     |     |     |     |    |
| 18:00 |    |     |     |     |     |     |    |
| 19:00 |    |     |     |     |     |     |    |
| 20:00 |    |     |     |     |     |     |    |
| 21:00 |    |     |     |     |     |     |    |

# 44 هفته 5 اکت 2028

| زمان  | 30 | 31س | 1چ | 2پ | 3ج | 4ش | 5ی |
|-------|----|-----|----|----|----|----|----|
| 06:00 |    |     |    |    |    |    |    |
| 07:00 |    |     |    |    |    |    |    |
| 08:00 |    |     |    |    |    |    |    |
| 09:00 |    |     |    |    |    |    |    |
| 10:00 |    |     |    |    |    |    |    |
| 11:00 |    |     |    |    |    |    |    |
| 12:00 |    |     |    |    |    |    |    |
| 13:00 |    |     |    |    |    |    |    |
| 14:00 |    |     |    |    |    |    |    |
| 15:00 |    |     |    |    |    |    |    |
| 16:00 |    |     |    |    |    |    |    |
| 17:00 |    |     |    |    |    |    |    |
| 18:00 |    |     |    |    |    |    |    |
| 19:00 |    |     |    |    |    |    |    |
| 20:00 |    |     |    |    |    |    |    |
| 21:00 |    |     |    |    |    |    |    |