

שבווע
   
 ןלעמ ן-נוב 30

| שעה   | זון | מאנטיק | דינסטיק | מיטוואך | דאנערשטיק | פרייטיק | זונטיק |
|-------|-----|--------|---------|---------|-----------|---------|--------|
| 06:00 |     |        |         |         |           |         |        |
| 07:00 |     |        |         |         |           |         |        |
| 08:00 |     |        |         |         |           |         |        |
| 09:00 |     |        |         |         |           |         |        |
| 10:00 |     |        |         |         |           |         |        |
| 11:00 |     |        |         |         |           |         |        |
| 12:00 |     |        |         |         |           |         |        |
| 13:00 |     |        |         |         |           |         |        |
| 14:00 |     |        |         |         |           |         |        |
| 15:00 |     |        |         |         |           |         |        |
| 16:00 |     |        |         |         |           |         |        |
| 17:00 |     |        |         |         |           |         |        |
| 18:00 |     |        |         |         |           |         |        |
| 19:00 |     |        |         |         |           |         |        |
| 20:00 |     |        |         |         |           |         |        |
| 21:00 |     |        |         |         |           |         |        |

שבוע 13 - 7

14 - 20    לַעֲמֹד    שָׁבוּעַ

| שָׁעָה | אָבְדָה | אֶחָד | שְׁנַיִם | שְׁלֹשָׁה | אַרְבָּעָה | חֲמִישִׁית | שִׁשִּׁית |
|--------|---------|-------|----------|-----------|------------|------------|-----------|
| 06:00  |         |       |          |           |            |            |           |
| 07:00  |         |       |          |           |            |            |           |
| 08:00  |         |       |          |           |            |            |           |
| 09:00  |         |       |          |           |            |            |           |
| 10:00  |         |       |          |           |            |            |           |
| 11:00  |         |       |          |           |            |            |           |
| 12:00  |         |       |          |           |            |            |           |
| 13:00  |         |       |          |           |            |            |           |
| 14:00  |         |       |          |           |            |            |           |
| 15:00  |         |       |          |           |            |            |           |
| 16:00  |         |       |          |           |            |            |           |
| 17:00  |         |       |          |           |            |            |           |
| 18:00  |         |       |          |           |            |            |           |
| 19:00  |         |       |          |           |            |            |           |
| 20:00  |         |       |          |           |            |            |           |
| 21:00  |         |       |          |           |            |            |           |

21 - 27    לַעֲמֹד    שָׁבוּעַ

| שָׁעָה | אָבְדָה | אֶחָד | שְׁנַיִם | שְׁלֹשָׁה | אַרְבָּעָה | חֲמִישִׁית | שִׁשִּׁית |
|--------|---------|-------|----------|-----------|------------|------------|-----------|
| 06:00  |         |       |          |           |            |            |           |
| 07:00  |         |       |          |           |            |            |           |
| 08:00  |         |       |          |           |            |            |           |
| 09:00  |         |       |          |           |            |            |           |
| 10:00  |         |       |          |           |            |            |           |
| 11:00  |         |       |          |           |            |            |           |
| 12:00  |         |       |          |           |            |            |           |
| 13:00  |         |       |          |           |            |            |           |
| 14:00  |         |       |          |           |            |            |           |
| 15:00  |         |       |          |           |            |            |           |
| 16:00  |         |       |          |           |            |            |           |
| 17:00  |         |       |          |           |            |            |           |
| 18:00  |         |       |          |           |            |            |           |
| 19:00  |         |       |          |           |            |            |           |
| 20:00  |         |       |          |           |            |            |           |
| 21:00  |         |       |          |           |            |            |           |

יום ראשון - 28 במרץ שבוע

| שעה   | לילה | בוקר | צהריים | ערב | לילה | שבת | יום |
|-------|------|------|--------|-----|------|-----|-----|
| 06:00 |      |      |        |     |      |     |     |
| 07:00 |      |      |        |     |      |     |     |
| 08:00 |      |      |        |     |      |     |     |
| 09:00 |      |      |        |     |      |     |     |
| 10:00 |      |      |        |     |      |     |     |
| 11:00 |      |      |        |     |      |     |     |
| 12:00 |      |      |        |     |      |     |     |
| 13:00 |      |      |        |     |      |     |     |
| 14:00 |      |      |        |     |      |     |     |
| 15:00 |      |      |        |     |      |     |     |
| 16:00 |      |      |        |     |      |     |     |
| 17:00 |      |      |        |     |      |     |     |
| 18:00 |      |      |        |     |      |     |     |
| 19:00 |      |      |        |     |      |     |     |
| 20:00 |      |      |        |     |      |     |     |
| 21:00 |      |      |        |     |      |     |     |