

# 30 nov - 6 dec 2026

| Tid   | Mån 30 | Tis 1 | Ons 2 | Tor 3 | Fre 4 | Lör 5 | Sön 6 |
|-------|--------|-------|-------|-------|-------|-------|-------|
| 06:00 |        |       |       |       |       |       |       |
| 07:00 |        |       |       |       |       |       |       |
| 08:00 |        |       |       |       |       |       |       |
| 09:00 |        |       |       |       |       |       |       |
| 10:00 |        |       |       |       |       |       |       |
| 11:00 |        |       |       |       |       |       |       |
| 12:00 |        |       |       |       |       |       |       |
| 13:00 |        |       |       |       |       |       |       |
| 14:00 |        |       |       |       |       |       |       |
| 15:00 |        |       |       |       |       |       |       |
| 16:00 |        |       |       |       |       |       |       |
| 17:00 |        |       |       |       |       |       |       |
| 18:00 |        |       |       |       |       |       |       |
| 19:00 |        |       |       |       |       |       |       |
| 20:00 |        |       |       |       |       |       |       |
| 21:00 |        |       |       |       |       |       |       |

# 7 - 13 december 2026

| Tid   | Mån 7 | Tis 8 | Ons 9 | Tor 10 | Fre 11 | Lör 12 | Sön 13 |
|-------|-------|-------|-------|--------|--------|--------|--------|
| 06:00 |       |       |       |        |        |        |        |
| 07:00 |       |       |       |        |        |        |        |
| 08:00 |       |       |       |        |        |        |        |
| 09:00 |       |       |       |        |        |        |        |
| 10:00 |       |       |       |        |        |        |        |
| 11:00 |       |       |       |        |        |        |        |
| 12:00 |       |       |       |        |        |        |        |
| 13:00 |       |       |       |        |        |        |        |
| 14:00 |       |       |       |        |        |        |        |
| 15:00 |       |       |       |        |        |        |        |
| 16:00 |       |       |       |        |        |        |        |
| 17:00 |       |       |       |        |        |        |        |
| 18:00 |       |       |       |        |        |        |        |
| 19:00 |       |       |       |        |        |        |        |
| 20:00 |       |       |       |        |        |        |        |
| 21:00 |       |       |       |        |        |        |        |

# 14 - 20 december 2026

| Tid   | Mån 14 | Tis 15 | Ons 16 | Tor 17 | Fre 18 | Lör 19 | Sön 20 |
|-------|--------|--------|--------|--------|--------|--------|--------|
| 06:00 |        |        |        |        |        |        |        |
| 07:00 |        |        |        |        |        |        |        |
| 08:00 |        |        |        |        |        |        |        |
| 09:00 |        |        |        |        |        |        |        |
| 10:00 |        |        |        |        |        |        |        |
| 11:00 |        |        |        |        |        |        |        |
| 12:00 |        |        |        |        |        |        |        |
| 13:00 |        |        |        |        |        |        |        |
| 14:00 |        |        |        |        |        |        |        |
| 15:00 |        |        |        |        |        |        |        |
| 16:00 |        |        |        |        |        |        |        |
| 17:00 |        |        |        |        |        |        |        |
| 18:00 |        |        |        |        |        |        |        |
| 19:00 |        |        |        |        |        |        |        |
| 20:00 |        |        |        |        |        |        |        |
| 21:00 |        |        |        |        |        |        |        |

# 21 - 27 december 2026

| Tid   | Mån 21 | Tis 22 | Ons 23 | Tor 24 | Fre 25 | Lör 26 | Sön 27 |
|-------|--------|--------|--------|--------|--------|--------|--------|
| 06:00 |        |        |        |        |        |        |        |
| 07:00 |        |        |        |        |        |        |        |
| 08:00 |        |        |        |        |        |        |        |
| 09:00 |        |        |        |        |        |        |        |
| 10:00 |        |        |        |        |        |        |        |
| 11:00 |        |        |        |        |        |        |        |
| 12:00 |        |        |        |        |        |        |        |
| 13:00 |        |        |        |        |        |        |        |
| 14:00 |        |        |        |        |        |        |        |
| 15:00 |        |        |        |        |        |        |        |
| 16:00 |        |        |        |        |        |        |        |
| 17:00 |        |        |        |        |        |        |        |
| 18:00 |        |        |        |        |        |        |        |
| 19:00 |        |        |        |        |        |        |        |
| 20:00 |        |        |        |        |        |        |        |
| 21:00 |        |        |        |        |        |        |        |

# 28 dec 2026 - 3 jan 2027

| Tid   | Mån 28 | Tis 29 | Ons 30 | Tor 31 | Fre 1 | Lör 2 | Sön 3 |
|-------|--------|--------|--------|--------|-------|-------|-------|
| 06:00 |        |        |        |        |       |       |       |
| 07:00 |        |        |        |        |       |       |       |
| 08:00 |        |        |        |        |       |       |       |
| 09:00 |        |        |        |        |       |       |       |
| 10:00 |        |        |        |        |       |       |       |
| 11:00 |        |        |        |        |       |       |       |
| 12:00 |        |        |        |        |       |       |       |
| 13:00 |        |        |        |        |       |       |       |
| 14:00 |        |        |        |        |       |       |       |
| 15:00 |        |        |        |        |       |       |       |
| 16:00 |        |        |        |        |       |       |       |
| 17:00 |        |        |        |        |       |       |       |
| 18:00 |        |        |        |        |       |       |       |
| 19:00 |        |        |        |        |       |       |       |
| 20:00 |        |        |        |        |       |       |       |
| 21:00 |        |        |        |        |       |       |       |